RECOGNIZE
RESPOND
RESCUE

Lifeguard Certification Classes
YMCA OF GREATER DES MOINES

Learn how to effectively prevent and respond to water emergencies. Our courses are designed to arm you with the skills and knowledge to prepare you for a variety of scenarios in and around the water. You will learn how to quickly respond to emergencies both in the water and on land. You will also be trained on drowning and injury prevention, so you can better help those in need.

Lifeguard certification classes require and online course to be completed prior to the classroom sessions. Must be 15 to register.

Visit dmymca.org for class details.

New Lifeguard $175 members $200 non-members
Review Course $100 members $125 non-members

SEPTEMBER

Lifeguard Certification
Location: Wellmark
Dates: Sept 18, 5-9pm
Sept 19, 8am-5pm
Sept 20, 8am-5pm
Must attend all dates

Lifeguard Review
Location: Waukee
Dates: Sept 12, 8am-6pm

OCTOBER

Lifeguard Certification
Location: Waukee
Dates: Oct 16, 5-9pm
Oct 17, 8am-5pm
Oct 18, 8am-5pm
Must attend all dates

Lifeguard Review
Location: Wellmark
Dates: Oct 3, 8am-6pm

NOVEMBER

Lifeguard Certification
Location: Waukee
Dates: Nov 13, 5-9pm
Nov 14, 8am-5pm
Nov 15, 8am-5pm
Must attend all dates

Lifeguard Review
Location: Indianola
Dates: Nov 7, 8am-6pm

DECEMBER

Lifeguard Certification
Location: Wellmark
Dates: Dec 21, 9am-5pm
Dec 22, 9am-5pm
Dec 23, 9am-5pm
Must attend all dates

Lifeguard Review
Location: Waukee
Dates: Dec 12, 8am-6pm

Already certified? Lifeguard certifications are valid for 2 years. To maintain your certification you must take a lifeguard review course no later than 30 days after your expiration date. After 30 days you will need to take the full certification course to be eligible to work as a lifeguard.