2013-2014 ELEMENTARY BREAKFAST MENU CYCLE

Regular Breakfast Schools

Brubaker, Cap. View, Greenwood, Hanawalt, Hillis, Hubbell, Jackson, Morris, Moulton, Oak Park, Park Ave, Perkins, Phillips, River Woods, Samuelson, Walnut St, Willard, Windsor

<u>Grab 'n' Go Breakfast Schools</u> Cowles, Downtown, Jefferson, Lovejoy, P. Hill, Smouse, Studebaker, Wright

Breakfast in the Classroom

Carver, Cattell, Edmunds, Findley, Garton, Hiatt, Howe, Hoyt, King, Madison, McKinley, Monroe, South Union, Stowe, Weeks

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Week 1</u> <u>Regular</u> <u>Breakfast</u>	Waffle w/Syrup Or Cereal & Toast Applesauce or Orange Juice Milk	Egg Patty w/Biscuit Or Cereal & Toast Fruit Cocktail or Orange Juice Milk	Bagel w/cream cheese Or Cereal & Toast Pears or Orange Juice Milk	Sausage Patty w/English Muffin Or Cereal & Toast Peaches or Orange Juice Milk	St. Cheese w/ Banana Muffin Or Cereal & Toast Mandarin Oranges or Orange Juice Milk
Week 2 Regular Breakfast	French Toast Sticks Or Cereal & Toast Peaches or Orange Juice Milk	Cereal w/ Co-Jack Cheese Or Toast Pears or Orange Juice Milk	Yogurt w/Spice Muffin Or Cereal & Toast Fruit Cocktail or Orange Juice Milk	Breakfast Pizza Or Cereal & Toast Banana or Orange Juice Milk	English Muffin w/Jelly Or Cereal & Toast Pineapple or Orange Juice Milk
Week 3 Regular Breakfast	Mini Pancake Or Cereal & Toast Apricots or Orange Juice Milk	Sausage Patty on a Biscuit Or Cereal & Toast Pears or Orange Juice Milk	Bagel w/cream cheese Or Cereal & Toast Applesauce or Orange Juice Milk	Cereal w/String Cheese Or Toast Banana or Orange Juice Milk	Omelet w/Toast Or Cereal & Toast Peaches or Orange Juice Milk
Week 4 Regular Breakfast	Breakfast Pizza Or Cereal & Toast Pear or Orange Juice Milk	English Muffin w/Jelly Or Cereal & Toast Banana or Orange Juice Milk	Yogurt w/Spice Muffin Or Cereal & Toast Peaches or Orange Juice Milk	Cereal w/ Co-Jack Cheese Or Toast Pineapple or Orange Juice Milk	French Toast Sticks Or Cereal & Toast Fruit Cocktail or Orange Juice Milk
<u>Daily</u> Grab'n'Go	Cereal w/Graham Crackers Juice Milk	Breakfast Round Juice Milk	Grahams & Sunflower Seeds Juice Milk	Cereal w/ Muffin Juice Milk	Cherry Apple Crunch Bar Juice Milk
Week 1 <u>Breakfast in</u> <u>The</u> <u>Classroom</u>	Froot Loops Graham Crackers Apple Juice 1% or Skim Milk	Yogurt Maple Graham Crackers Orange Juice 1% or Skim Milk	Cinni-Minis Berry Juicy Juice 1% or Skim Milk	Flatbread Scramble Orange Juice 1% or Skim Milk	Blueberry Waffles Orange Juice 1% or Skim Milk
Week 2 <u>Breakfast in</u> <u>The</u> <u>Classroom</u>	Yogurt Maple Graham Crackers Berry Juicy Juice 1% or Skim Milk	Frosted Flakes Graham Crackers Apple Juice 1% or Skim Milk	Chocolate Chip Waffle Orange Juice 1% or Skim Milk	French Toast Berry Juicy Juice 1% or Skim Milk	Cinnamon Pretzel Stick Orange Juice 1% or Skim Milk
Week 3 Breakfast in The Classroom	Cinnamon Toast Crunch Graham Crackers Apple Juice 1% or Skim Milk	Breakfast Round Orange Juice 1% or Skim Milk	Cherry Frudel Orange Juice 1% or Skim Milk	Breakfast Wrap Orange Juice 1% or Skim Milk	Chocolate Chip Waffle Orange Juice 1% or Skim Milk
Week 3 <u>Breakfast in</u> <u>The</u> <u>Classroom</u>	Bagel w/cream cheese Orange Juice 1% or Skim Milk	Frosted Flakes Graham Crackers Apple Juice 1% or Skim Milk	Cinnamon Pretzel Stick Orange Juice 1% or Skim Milk	Blueberry Waffles Orange Juice 1% or Skim Milk	French Toast Berry Juicy Juice 1% or Skim Milk